








2018 at

Administrators' Message

February flew by and we are closer to spring! We are all hoping for warm spring weather so we can all spend more time outside! March is a busy time at school because teachers are doing their assessments and completing report cards. Report cards will go live on Monday, March 19 at 4:00 p.m. Parent/Teacher/Student conferences (or interviews) will take place on Tuesday, March 20 (3:30-7:30) and Wednesday, March 21 (3:30-7:30). Information regarding sign up will be posted on our website and sent out in our weekly update.

Bouquets

-  Thank you to all the parents who volunteered for various classroom events during the month of February.
-  Thank you to all the parents who drove students in for Running Practices and events.
-  Thank you to Mrs. Russell for taking a group of girls to the WISEST Conference.
-  Thank you to Mrs. Nicks-Tambasco for coordinating the Young Authors Conference.
-  Thank you to Miss Mackie and Mr. Smith for taking a group of students to the Science Olympics.

Have your say! EIPS Parent Survey Opens March 5

Elk Island Public Schools (EIPS) wants to hear from you. Make sure to complete the 2018 Parent Survey—open from March 5-23.

Annually, EIPS conducts a parent survey to gauge its progress towards meeting the goals and priorities outlined in its Three-Year Education Plan. Families are asked a series of questions about their experiences with EIPS and the school their child attends, the overall performance of the Division, the quality of education being provided to students and areas for improvement. The

survey feedback helps the Division develop new strategies to better serve students and the wider community.

VISIT [WWW.EIPS.CA](http://www.eips.ca) TO TAKE THE SURVEY

Survey closes March 23, 2018

NOTE: The survey is anonymous and only takes a few minutes to complete. If you want to share the experience of more than one child attending an EIPS school, simply complete the survey again.

EIPS Launches New Pre-Enrolment Process (March 1 - 15)

Elk Island Public Schools (EIPS) is launching a new pre-enrolment process to simplify the way it registers students for the upcoming year, collects information and manages requests to attend a non-designated school.

On March 1, all EIPS families received an email from the Division asking them to confirm their child's enrolment in a school for the upcoming year by completing the online Returning Student Registration Form—available by logging in to the PowerSchool Parent Portal. Using the form, families can indicate the school their child plans to attend; apply to attend a non-designated school, if applicable; and update any required student information—such as phone numbers, addresses and emergency contacts.

All returning EIPS students are required to complete the form prior to March 15, 2018.

Applying to attend a non-designated school?

The new pre-enrolment process also eliminates the former Boundary Exemption Request Process. Now, returning students who want to apply to a non-designated school can do so through the pre-enrolment process by indicating on the form the school they want to attend. Acceptance is not guaranteed; rather, it's based on available space. Some EIPS schools have [closed boundaries](#) because of high enrolment numbers and will not accept non-designated students for the 2018-19 school year. All families who apply to attend a non-designated school will be contacted and advised of the outcome in April.

NOTE: Any requests to attend a non-designated school or out-of-boundary program for returning students in grades 1-12 must be completed during the two-week pre-enrolment process to be considered for the next school year. The only exception: Students who move into the Division from outside the geographic area, or another community within the Division, following the deadline.

For more information visit www.eips.ca.

***Access to the pre-enrolment process is provided through the PowerSchool Parent Portal. If you don't have a PowerSchool Parent Portal account, you will need to set one up before March 1, 2018.**

Watch for Thin Ice

Elk Island Public Schools, along with our community partners, want to remind families about the dangers of thin ice during this time of year. Depending on changing temperatures, ice can form and melt to varying degrees on outdoor bodies of water. Please remind your children about the dangers of thin ice, to obey all posted signs and to take the proper care to remain a safe distance from the ice.

For more information on ice safety, visit www.lifesaving.org.

Did you know?

The way ice forms affects the way it melts in spring. Minerals in the water actually become concentrated in vertical veins throughout the ice as it freezes. Warm temperatures cause these veins to melt more quickly and weaken the ice, a process known as *candling*.



Dance Off Fundraiser

The students of Brentwood School will once again be participating in a Dance Off on April 20 to earn funds for the BESC. These funds will be spent to replace the portable stage/risers that had to be disposed of due to an infestation of mold. The risers will be used in the music room and in the gym for events such as concerts and chapel. This year we have been borrowing risers from other schools for our concerts so our hope is to raise enough money (\$10 000) to purchase our own risers. More information will be sent home with the students at a later date, prior to spring break, and will be posted on our website.

Circle the date on the calendar and plan to come out and watch some great performances!



BESC/BEHSA Parent Council

Thursday, March 15th at 6:30pm in the Brentwood School Library.



Logos Parent Council

Tuesday, March 13th 7pm @ Sherwood Heights School Library

Parking



Recently we have been experiencing some issues in our parking lot when it comes time for student pick-up and drop-off. I just wanted to make sure that everyone was clear of the rules for the signage that is currently in our parking lot. The changes are for the safety of our students and thus a major priority in our school.

In the image there are three different locations that have identified.

GREEN ZONE – You are allowed to park and leave your vehicle here

YELLOW ZONE – This is a drop-off/pick up zone. You are allowed to stop here, but the driver must stay within their vehicle. There is a painted zone on the pavement that is meant for student to walk safely to and from the school

RED ZONE – There is no parking or stopping allowed in this zone. This zone is considered a fire route and if there were ever an emergency and vehicles were parked here it may hinder the efficiency of our First Responders

If you are in violation of these rules there is potential to be ticketed by a RCMP or By-Law officer. Please follow the rules to keep all of the students, staff, and visitors of Brentwood safe.

Thank you!

Upcoming Dates

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| March 9 | - | Hot Lunch |
| March 13 | - | LOGOS Meeting 7pm @ Sherwood Heights |
| March 15 | - | BESC/BEHSA Meeting 6:30 pm in the Brentwood School Library. |
| March 19 | - | Report Cards Published @ 4pm |
| March 20 | - | Parent Teacher Interviews |

March 21	-	Parent Teacher Interviews/Brentwood Speech Competition
March 22	-	Grade 1 Fairy Tale Ball/Easter Chapel
March 23	-	School Closed
March 26-30	-	Spring Break
March 30	-	Good Friday
April 2	-	Easter Monday (School Closed)
April 3	-	Classes Resume
April 4	-	Early Dismissal

Counsellor's Corner:

Alberta Health Services offers **free sessions** that are intended to provide parents, caregivers, teachers, and community members with basic information about addiction and mental health challenges that can impact children and youth. Presentations are hosted in schools but are open to all adults to attend.

Junior High Jitters: Transitioning to the Teenage Years

Is your child going into grade 7 and feeling nervous about it? Is your child already in junior high and having difficulties adjusting to the pressures of junior high school? This session will provide information about the developmental changes teens experience, as well as the challenges they may face as they transition into junior high school. The strategies and resources provided will empower you and your child in dealing with the social, emotional and cognitive changes that come in junior high school while also boosting their mental health.

Both parents and pre-peens (Grades 6 – 8) are encouraged to attend this session together

Register for the Junior High Jitters session at:

<https://www.surveymonkey.com/r/caregiversessions>

Supporting Self-Regulation in Elementary School Children

Focus is on caregivers of kids in elementary school (K-6)

Do you wish you have more information to help children handle strong emotions? Did you know that self-regulation is an essential element to lifelong success? This session will define self-regulation and how it is used in everyday life. It will provide a helpful review regarding the development of self-regulation in children. The strategies and resources provided will empower and foster caregivers' essential skills to increase children's mental health and resiliency.

Register for a Self-Regulation sessions at:

<https://www.surveymonkey.com/r/caregiversessions>

Breaking the Cycle of Anxiety: A Step by Step Approach

Focus is on caregivers of kids and teens in grades K-12

Anxiety is one of the most common mental health complaints in children and teens today. This session will distinguish between normal anxiety and anxiety that is no longer helpful or productive. It will help caregivers to identify signs that a child or adolescent is experiencing problems with anxiety. Caregivers will gain step by step strategies to assist their child/teen to manage their anxiety and improve their mental health. Resources for parents will be provided as well as tools designed to reduce anxiety.

Register for a Breaking the Cycle of Anxiety session at:

<https://www.surveymonkey.com/r/caregiversessions>

Keeping Scattered Kids on Track:

Supporting Children and Adolescents with ADHD

Focus is on caregivers of kids and teens grades K-12

Attention Deficit Hyperactivity Disorder (ADHD) is one of the most common mental health conditions diagnosed in children. Come and learn about the signs and symptoms of ADHD, ways that ADHD impacts academic achievement, self-worth, and relationships. You will leave with new strategies (not solutions) and resources for supporting success in children and adolescents with ADHD.

Register for an ADHD session at:

<https://www.surveymonkey.com/r/caregiversessions>

Sleeping Your Way to Better Mental Health

Focus is on caregivers of kids and teens in grades K-12

Come and learn the importance of sleep on your child's developing brain. Develop an understanding on how sleep can impact mental and physical health. Review common sleep concerns and factors that influence your child's ability to get the sleep they need. Leave with practical strategies, tools, and resources to promote healthy sleep habits for your whole family.

Register for the Sleeping Your Way to Better Mental Health session at:

<https://www.surveymonkey.com/r/caregiversessions>